

Phone: 203-531-8560 Email: SkatingRink@GreenwichCT.org

# Session I Skating School

**Dorothy Hamill Skating Rink 2020** 

**ACTIVITY NUMBERS:** 32201, 32202, 32203, 32205

**DESCRIPTION:** Group Ice Skating Lessons

AGES: See Guidelines for Available Programs on Page 4

DATE/TIME: 8 thirty minute classes beginning Tuesday, October 13 to Monday, December 14, 2020.

**LOCATION:** Dorothy Hamill Skating Rink, Sue Merz Way

#### **REGISTRATION:**

- Online registration begins Thursday, **September 3, 2020**. Online registration is only available to Greenwich Residents. To register online go to: www.greenwichct.org/webtrac and select "Activity Registration".
- Resident mail-in registration begins Tuesday, September 8. Application must not be postmarked prior to September 8.
- Non-resident mail-in registration begins Tuesday, September 22. Application must not be postmarked prior to September 22
- There is no walk-in/in-person registration available.
- Registration closes October 9 or when classes are full.

We accept Visa, MasterCard, American Express and Discover credit cards for resident online registration. There are no refunds and we do not pro-rate fees. Requests for credit will only be considered if received in writing prior to the start of the program. There is a \$15.00 administrative fee for credits and a \$25.00 fee for any returned checks.

Greenwich residents are required to provide proof of residency once per calendar year for all Parks and Recreation programs. The primary family member is required to provide two current proofs of Greenwich residency. Family members participating in this program who are over 25 years of age require one current proof of Greenwich residency. Family members participating in this program who are under 25 years of age, require a copy of their birth certificate, passport, or quardianship on file.

Acceptable proof documents with resident name, date and Greenwich address are as follows: Residential lease; utility bill (gas, electric, water, oil); cable, telephone, or internet bill (not cell phone); credit card or bank statement (no mortgage statement); driver's license or DMV CT State ID.

NOTE: Copies of Birth Certificates must accompany registrations for Mommy Daddy & Me and Snowplow Sam

FEE: The Resident fee is \$130.00 for 8 weeks, \$110.00 for each additional sibling enrolled.

The Non Resident fee is \$150.00 for each participant.

Make checks payable to "Town of Greenwich"

Mail form with full payment to: **Department of Parks and Recreation** 

> Attention: Ice Skating Rink 101 Field Point Road

> Greenwich, CT 06836-2540

#### **COVID-19 PROGRAM ADJUSTMENTS**

- The wearing of face masks will be required of all instructors and participants in accordance with the Governor's Executive Order.
- Temperature will be taken each day of all instructors and class participants. Anyone with a temperature of 100 degrees Fahrenheit or above will not be permitted into the program for that day.
- Class sizes will be strictly limited to ensure we do not exceed a maximum number of skaters on the ice at any one time and to permit social distancing on the ice.
- There will be no make-up classes offered, in order to protect the health and safety of participants enrolled in each class section.
- Lessons will NOT be held during a public session. Therefore, you may not remain to skate.
- There will be no spectators permitted in the rink for children ages 10 years and older. Only one
  adult spectator will be permitted entrance into the rink for children younger than ten years of age
  or those with special needs. Spectators must wear masks and must remain socially distanced
  from others in a designated waiting area.
- Please do not arrive at the rink more than ten minutes prior to scheduled lesson time, as you will
  not be granted access to the rink. The entrance door will remain locked.
- Participants should exit the rink promptly after their lesson has concluded.
- The entrance and exit doors will remain separate. Please make sure to use the correct doors.
- Skaters must come dressed to skate, except for putting on their skates. NO LOCKER ROOMS.
- All participants should bring their own water bottles, filled at home, as no water fountain will be available.
- Participants and instructors should sanitize their hands before and after their lesson by handwashing with soap and water for 20 seconds or using an alcohol based hand sanitizer.
- There will be NO end of season skating parties this season in order to maintain a safe environment for skaters and instructors.

### **GENERAL LESSON INFORMATION**

- The Greenwich Skating School is under the direction of **Nancy Leamy**, who holds the rating of two-time National and International Coach by the U.S.F.S.A.
- Class fees include four (4) practice sessions during a public session and badge testing.
- Skate rentals are NOT included in the price of the lesson.
- The Parks and Recreation Department does NOT issue refunds. A letter of credit is considered if
  a request is received in writing prior to the start of the program. Registrants assume full
  responsibility for any changes in their personal life, which may affect their ability to participate.
  There is a \$15.00 administrative fee for all credits issued.
- The Dorothy Hamill Skating Rink is CLOSED all day Thanksgiving Day, Christmas Day, New Year's Day.
- Clothing that should be worn for Skating School classes includes: hats, gloves or mittens, a
  warm coat, snow pants for younger children, and helmets for less experienced skaters are
  recommended.

### Classes for Session I begin Tuesday October 13 and end Monday, December 14.

### Class Schedule 2020-2021

ACTIVITY & SECTION					
32203	YOUTH BASIC 1	DAY	DAY CLASS TIME		
A1	5 - 15 year olds WED 3:20 - 3:50 pm				
A2	5 - 15 year olds	3:55 - 4:25 pm			
A3	5 - 15 year olds	WED WED	4:30 – 5:00 pm		
A4		THU			
	5 - 15 year olds		4:30 - 5:00 pm		
A5	5 - 15 year olds	THU	5:05 - 5:35 pm		
A6	5 - 15 year olds	FRI	4:05 - 4:35 pm		
A7	5 – 15 year olds	SAT	12:35 - 1:05 pm		
A8	5 – 15 year olds	SAT	2:20 - 2:50 pm		
32203	YOUTH BASIC 2	DAY	CLASS TIME		
B1	5 - 15 year olds	WED	4:30 - 5:00 pm		
B2	5 - 15 year olds	THU			
B3	5 - 15 year olds	FRI	4:05 - 4:35 pm		
B4	5 - 15 year olds	SAT	1:45 - 2:15 pm		
B5	5 – 15 year olds	SAT	2:20 - 2:50 pm		
B6	5 – 15 year olds	SAT	3:30 - 4:00 pm		
32203	32203 YOUTH BASIC 3		CLASS TIME		
C1		<b>DAY</b> THU			
	5 - 15 year olds		3:55 - 4:25 pm		
C2	5 - 15 year olds	FRI	3:30 - 4:00 pm		
C3	5 – 15 year olds	SAT	12:00 - 12:30 pm		
C4	5 – 15 year olds	SAT	3:30 – 4:00 pm		
32203	YOUTH BASIC 4	DAY	CLASS TIME		
D1		THU			
D2	5 - 15 year olds	THU	3:55 - 4:25 pm		
	5 – 15 year olds		5:05 – 5:35 pm		
D3	5 – 15 year olds	SAT	1:10 - 1:40 pm		
D4	5 – 15 year olds	SAT	3:30 – 4:00 pm		
32203	YOUTH BASIC 5	DAY	CLASS TIME		
E1	7 - 15 year olds	THU	4:30 - 5:00 pm		
E2	7 – 15 year olds	SAT	2:55 - 3:25 pm		
32203	YOUTH BASIC 6	DAY	CLASS TIME		
F1	7 - 15 year olds	SAT	2:55 -3:25 pm		
32202	SNOWPLOW SAM 1	DAY	CLASS TIME		
K1	4-5 year olds	WED	3:20 - 3:50 pm		
K2	4-5 year olds	THU	3:55 - 4:25 pm		
K3	4-5 year olds	FRI			
K4	4-5 year olds	SAT	12:00 - 12:30 pm		
K5	4-5 year olds	SAT	1:10 - 1:40 pm		
32202	SNOWPLOW SAM 2&3	DAY	CLASS TIME		
L1	4-5 year olds	WED	3:55 - 4:25 pm		
L2	4-5 year olds	THU 4:30 - 5:00 pm			
L3	4-5 year olds				
L4	4-5 year olds	SAT	1:45 - 2:15 pm		
32205	ADULT BASIC 1 & 2	DAY	CLASS TIME		
1A	16 years and up	TUE	8:00 - 8:30 pm		
32201	Mommy, Daddy & Me	Day	CLASS TIME		

### **SKATING SCHOOL AVAILABLE PROGRAMS**

Mommy, Daddy & Me	This class is open to children ages 3 & 4; each child must be accompanied on the ice with a parent or other adult relative or "sitter" who skates. This is strictly a beginner class. Children must be three years old on the first day of class. Children must exhibit capability to function in this class. It will be provided on Wednesdays from 12:45-1:15 to provide a quiet atmosphere on the ice. (No makeup classes available)
Snowplow Sam	Classes are open for children ages 4 & 5. Children must be 4 years old before start date. There are two levels; Snowplow Sam 1 is for children who have never been on the ice, Snowplow Sam 2/3 is for children who have been on the ice before and have good forward movement.
Youth	This class is open for ages 5-15 years. The classes will follow U.S.F.S.A badge programs and teach the students the fundamental skills for each level of skating. Children must pass each level to continue to the next. <b>Please see requirements to pass each skill level on the next page.</b>
Bridge	NOT CURRENTLY OFFERED
Adults	These classes are offered for ages 16+. Adult classes will follow the U.S.F.S.A badge programs for classes offered in basic skating, dance, patch and freestyle.
Ice Dancing	NOT CURRENTLY OFFERED

### REQUIREMENTS TO PASS EACH SKILL LEVEL

Basic 1	Sit on the ice and stand up, march forward across the ice, forward two-foot glide, dip, forward swizzles (6-8 in a row), backward wiggles (6-8 in a row), snowplow stop, two-foot hop in place (optional).
Basic 2	Scooter pushes- right and left, forward one-foot glides- right and left, backward two-foot glides- right and left, rocking horse, backward swizzles (6-8 in a row), two-foot turns from forward or backward in place clockwise and counterclockwise
Basic 3	Forward stroking- showing correct use of blade, forward ½ swizzle pumps or a circle (6-8 consecutive clockwise or counterclockwise), moving forward to backward two-foot turn (clockwise and counterclockwise), backward one-foot glides (focus on balance), backward snowplow stop (right and left), forward slalom.
Basic 4	Forward outside edge on a circle (right and left), forward inside edge on a circle (right and left), forward crossovers (clockwise and counterclockwise), backward ½ swizzle pumps on a circle (clockwise and counterclockwise), beginning one-foot glides (right and left), beginning two-foot spins (up to two revolutions).
Basic 5	Backward outside-edge on a circle (right and left), Backward inside edge on a circle (right and left), backward crossovers (clockwise and counterclockwise), forward outside three-turn (right and left), advanced two-foot spin (4-6), hockey stop (both directions).
Basic 6	Forward inside three turn (right and left), moving backward to forward two-foot turn on a circle (clockwise and counter-clockwise), backward stroking, beginning one-foot spin (2-4 revolutions), T-stops (right and left), Bunny hop, forward spiral on a straight line (right).



## Program Registration (please print)

Program Name		Activity #	Section	n(s) #			
Participant's Name			Ger	ıder (M/F)			
Address		Town		Zip Code			
Birth Date	Age C	GradeSchoo	1				
Parent/Guardian	e-mail						
Home Phone	W	ork Phone	Cell				
In case of emergency noti	fy the following:						
Name		Phone	Relation	onship:			
List Physical Restriction(s)	):						
all risk and bear all responsib officers, and employees, har awards, losses, damages aris the defense of such claims, d of, or in any way related to or of Greenwich/use of Town of The Undersigned, does forev from any and all claims include	NDING DOCUM AND UNDERSTA SIGNING THIS referring to myself, i illity and to indemnif mless from and ag sing out of injuries to emands, suits and p connected with my/o Greenwich property, er discharge the Tov ing claims of neglige	AND THE SAME. IF Y DOCUMENT.  my minor children or charge y and hold the TOWN OF ainst any and all claims, or any persons or property, proceedings including country participation in the/facilities/apparatus or equivalence or carelessness, allegence or carelessness, allegence or carelessness, allegence or carelessness, allegence or carelessness.	es, my heirs and assig GREENWICH, its age demands, suits, proceincluding any and all of t costs and attorneys'  pripment thereof. ts, representatives, seiging damages and any				
the Undersigned may sustain property, facilities, apparatus The Undersigned, the particip Town of Greenwich Departme and transportation to and fron involving many risks of injur- emergency medical treatment	n by reason of my por equipment. cant or parent/guardient of Parks and Rein the activity. I am a y. I further understat and transportation	articipation in the above-original of the above named percreation, assumes all risks ware that participating in a land there is inherent risk in my absence.	described program or userson, who participates and hazards incidentary recreational progra associated with the(s	use of the Town of Greenwich in programs organized by the all to the conduct of the activity m can be a dangerous activity e) activity (ies) and authorize			
Dated at Greenwich, Connect	icut, this	day of	202				
Signature of Participant or Pa	rent or Guardian for	participants under 18 yea	rs of age:				
The Town's park facilities, beaches and recr state and federal laws, and ordinances, and re- regulations, policies and rules with respect to sexual orientation, marital status, lawful sour classification. The Town complies with all applicable fede disabilities. If you require an accommodation	de full, equal and nondiscrimi eation areas are open to all Ti egulations promulgated by the othe Town's park facilities, be ce of income, mental retardation ral and state laws regarding	own residents and other members of the Director of Parks and Recreation and the caches and recreation are applied on, mental disability or physical disability non-discrimination, equal opportunity,	hes and recreation areas in accope e general public admitted thereto the Selectmen. It is the policy of the consistently without regard to raw, including but not limited to blindra affirmative action, and providing r	rdance with applicable state and federal laws. in accordance with, and subject to, applicable a Town of Greenwich that all Town ordinances, ce, creed, color, national origin, ancestry, sex, ness or deafness or any other legally protected easonable accommodations for persons with eenwichct.org as soon as possible in advance			
Office Use Only:							
HH#	Check #	Receipt #	Proof	Initials			